

# parent/carers News Bulletin

Friday 10 February 2023

## Principal's Blog

Dear Parents/Carers

As we approach the February break, I wanted to update you on a few things that are happening at the Academy. Straight after the break our Year 11 and 13 students are doing a final round of exams to prepare them for the summer exam season. A crucial time for them, you as parents and our staff to plan the right support to help our students achieve their potential in 2023.


Our assembly themes continue to underpin our personal development curriculum and our Life Skills morning on Wednesday gave students more opportunities to learn about different areas of Health and Wellbeing.

Our Sixth Form Team are also hard at work meeting with Year 11 students and discussing their next steps after Year 11.


Moving forward, we are really developing how we use Go4Schools to try and make it the principal place for you to find the information about how your child is getting on at Guilsborough. We will be publishing regular hints, tips and updates to help you get the most out of it.

Mr C Hancock  
Vice Principal

## Dates to Remember:

- 
- 20 February** Term 4 - **BACK TO SCHOOL**
  - 22 February** Year 10 Parent Meeting Work Experience
  - 02 March** Year 12 Work Experience and Year 13 Student Finance Parents' Evening
  - 09 March** Year 9 Options Evening
  - 16 March** Year 9 Parents' Evening

## Reports / Assessments


- 
- 20 February** Year 7 Report Out
  - w/c 20 February to 3 March** Year 11 PPE's
  - w/c 20 February to 27 February** Year 11 Assessment
  - 27 February** Year 13 Assessment
  - 27 February to 28 February** GCSE Food Practical Exam
  - 1 March to 8 March** Year 13 PPEs

TRAIN TO TEACH  
**VIRTUAL  
OPEN  
EVENT**

**GRAND  
UNION**  
Teacher Training Partnership

**Thursday 23rd February 2023,  
5pm - 7pm.**

Please follow the [LINK](#) for further details.



Year 11 and Year 10 PPE's  
Lunch will be moved earlier to after Period 3 (12.30) for the duration of these exams.

## Educational Visits coming up

**23 February** Year 13 Othello trip  
(6pm-11pm)

## Assemblies - Term 3

- 20 February** LGBT History Month
- 27 February** Zero Discrimination Day
- 06 March** International Women's Day

## MFL Mock Exams

The MFL mock exams will take place in normal lessons as part of classwork and instant feedback will be given.

### Spanish Mock timetable.

- Higher tier Listening - 20 February
- Foundation Reading - 20 February
- Speaking Higher - 22 February
- Foundation Listening - 27 February
- Higher Reading - 27 February
- Both tiers Writing - 27 February
- Foundation Speaking - 2 and 6 March

## I Think You Should Know

[ithinkyoushouldknow@guilbsborough.northants.sch.uk](mailto:ithinkyoushouldknow@guilbsborough.northants.sch.uk)

This email address has been established to encourage students to report incidents and issues they may feel uncomfortable raising face-to-face. The emails are only accessed by Mr Woolridge who then liaises with key staff to take appropriate action to address the concerns raised.

### Timings of the School Day

Morning Registration	08:45
Period 1	09:10
Period 2	10:10
Break	11:10
Period 3	11:30
Registration & Period 5	12:30
Lunch	13:30
Period 5	14:15
Dismiss	15:15

There is a list of books available in the Library which the students can take home, under "Reading Well"

Also, on the school library dashboard there are some "Wellbeing Tips" too.

Here's the link:

[Guilbsborough Academy LRC](#)



## Children's Mental Health Week

This week has been Children's Mental Health Awareness Week.

I wanted to share a few of the activities the academy has been involved in promoting this week.

Tutors have shared online resources and activities from Talk Out Loud with their year groups throughout the week.

All staff have been handing out Kindness Cards – these have been given to Year 7-11 students throughout the week to acknowledge when staff have seen students being considerate and kind to others.

We have published a new poster which captures all the Mental Health support available to students at Guilbsborough Academy. These have been displayed around the site.

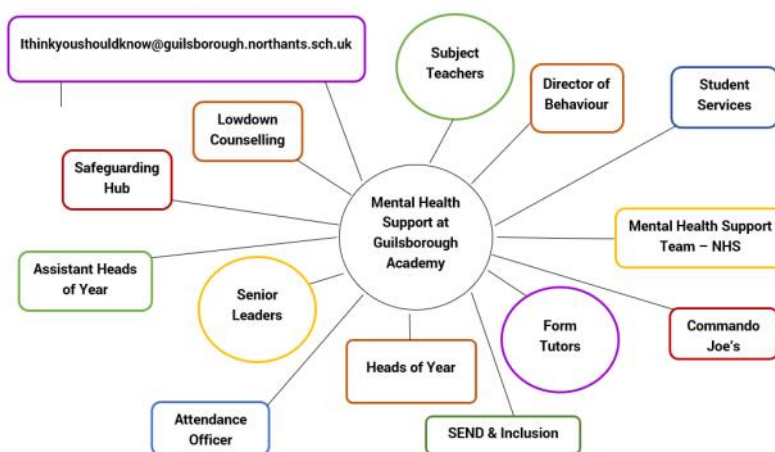
Florescent Talk Out Loud wrist bands have been given to students.

Details of an art competition have been shared. Winning entries will inspire willow sculptures created by a local artist to become part of the landscape at two Northamptonshire country parks. **Entries to be returned to me by Friday 24<sup>th</sup> February.**

**Mrs E Phipp, Vice Principal**

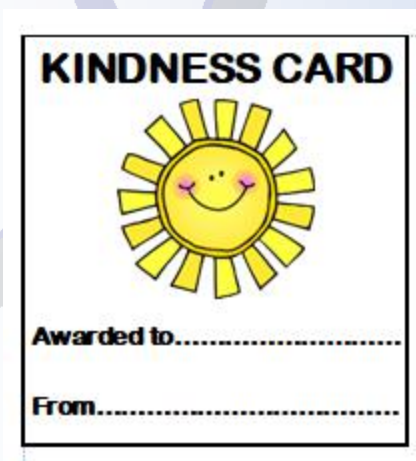


### WORRY STRESS ANXIETY SCHOOL HOME CONFUSION



Designated Safeguarding Leads – Mrs Phipp, Mrs York, Mr Hancock, Miss Keenes, Mr Harrison, Mrs Church, Mr Mills, Mrs Forrester, Mr Woolridge

IDENTITY FRIENDS DEPRESSION FAMILY EXAMS



## Year 9 Drama Taster Workshops

Mr M Jackson (Head of Drama) and Mrs E Phipp (Vice Principal) will be offering the following Drama GCSE Taster Workshops to all Year 9 pupils in advance of the GCSE options process.

- Thursday 23 February  
Lunchtime Session: D3 (1.30-2.15pm)
- Friday 24 February  
Lunchtime Session: D3 (1.30-2.15pm)

This will be a great opportunity for those who are considering taking Drama at GCSE level next year.

Please note students are only required to attend one of the GCSE workshop sessions.

If you have any questions, please email Mr Jackson at [jackson@guilbsborough.northants.sch.uk](mailto:jackson@guilbsborough.northants.sch.uk)

**Mr M Jackson**  
Head of Drama

Students will be participating in some training and educational presentations next term by the external company, 'Bold Voices'. These sessions will be highly important in our drive to raise awareness and educate students around a range of topics.

If you wish to remove your child from the sessions, please can you inform the tutor and Head of Year who will make the necessary arrangements.

### **Thursday 23 February 2023**

- Year 9/10/11 - Thinking Big About Gender Inequality (see below)
- Sixth Form - Preparing for the Unspoken at University (see below)

## Curriculum News

The Tuesday Lunchtime art clubbers have been busy turning a load of old rubbish into fantastic works of art. The students had free range on creativity with minimal help from me. They worked with glue guns and paint to build their creatures. Super proud of the results.

**Miss K Page**  
Art technician



Year 10 Food & Nutrition students making dinner for family when they missed their practical lesson on 1st February.

## GCSE - Maths Revision

**GCSE MATHS**

### **Not sure where to start with**

### **GCSE Maths revision?**

- Weekly questions released on Mathswatch for students to answer. Videos available should they struggle on a topic or they can ask for help by using the 'feedback' option.
- Past paper questions and mark schemes available [here](#)
- Use the formulae sheets for the Summer 2023 exams to help you with your revision [Foundation](#) and [Higher](#)
- Other resources you may find help with studying and exam practice: [Corbett-Maths](#), [Onmaths](#), [Mathsgenie](#)



# THINKING BIG ABOUT GENDER INEQUALITY

## VIRTUAL TALK

Our **BOLD VOICES** Team are hugely looking forward to speaking to you during the virtual talk!

We know that some of the topics we cover and talk about can be difficult and even triggering for some students. We want to reassure you that we work to create a comfortable space to have these conversations and that although this is a virtual session we are always on hand to support if you need anything after these sessions.

Here you will find information on what will be covered during the sessions, as well as some external support organisations.

Although these topics aren't always easy the aim is to get us reflecting on how we can work to make our university experience safer and more enjoyable for everyone.

**Talk Duration:** 45 minutes

**Talk Content:**

- Introduction to gender inequality and sexual harassment using statistics.
- The talk will build up the idea of a 'culture of gender-based violence' covering
  - Consent
  - Gender stereotypes
  - Language that trivialises violence
  - Idea of 'the chase' (pressuring someone to say yes) being glorified
  - Objectification
  - Slut shaming and victim blaming
  - Sexual harassment
  - Silencing of victims
- This talk does include some survivor stories and experiences however there is no explicit content in these stories. You will be given content warnings at the beginning of the talk and before anything explicit.

You are free to leave the talk at any time and return if you are comfortable doing so.

If you have any questions please speak to a member of staff, otherwise we look forward to meeting you virtually soon!

[www.boldvoices.co.uk](http://www.boldvoices.co.uk)  
[@HearThisBoldVoice](https://twitter.com/HearThisBoldVoice)  
[hello@boldvoices.co.uk](mailto:hello@boldvoices.co.uk)



# PREPARING OUR TEENS FOR THE UNSPOKEN AT UNIVERSITY VIRTUAL TALK

Our **BOLD VOICES** Team are hugely looking forward to speaking to you during the virtual talk!

We know that some of the topics we cover and talk about can be difficult and even triggering for some students. We want to reassure you that we work to create a comfortable space to have these conversations and that although this is a virtual session we are always on hand to support if you need anything after these sessions.

Here you will find information on what will be covered during the sessions, as well as some external support organisations.

Although these topics aren't always easy the aim is to get us reflecting on how we can work to make our university experience safer and more enjoyable for everyone.

**Talk Duration:** 45 minutes

## **Talk Content:**

- Introduction to gender-based violence using statistics of how students at university experience sexual harassment and violence.
- The talk will build up the idea of a 'culture of gender-based violence' covering
  - 'Lad culture'
  - Gender stereotypes
  - Language that trivialises violence
  - Conquests/competition around sex
  - Objectification
  - Slut shaming and victim blaming
  - Spiking
  - Silencing of victims
- This talk does include some survivor stories and experiences however there is no explicit content in these stories. You will be given content warnings at the beginning of the talk and before anything explicit.

You are free to leave the talk at any time and return if you are comfortable doing so.

If you have any questions please speak to a member of staff, otherwise we look forward to meeting you virtually soon!

[www.boldvoices.co.uk](http://www.boldvoices.co.uk)  
[@HearThisBoldVoice](https://twitter.com/HearThisBoldVoice)  
[hello@boldvoices.co.uk](mailto:hello@boldvoices.co.uk)





# FIND SUPPORT

We know that some of these topics and conversations can be difficult to have, particularly if they trigger experiences or trauma. **Please speak to a trusted adult or member of staff if you need additional support and we have also provided a list of external organisations who can help.**

## External Organisations

### Rape Crisis

- 0808 802 9999 (12pm - 2:30pm and 7pm - 9:30pm every day of the year)
- Live Chat Helpline (one-to-one free, confidential support service for women and girls aged 16 and over who have experienced sexual violence)

### NSPCC

- Report Abuse in Education Helpline 0800 136 663 (Monday to Friday 8am - 10pm or 9am - 6pm at the weekends)
- Email [help@nspcc.org.uk](mailto:help@nspcc.org.uk)

### SurvivorsUK (Male survivors)

- Online Helpline SMS 020 3322 1826 (Monday to Friday 12pm - 8pm)

### Galop LGBT+ (National LGBT Domestic Abuse Helpline)

- 0800 999 5428 (Monday to Friday 10am - 5pm, Wednesday and Thursday 10am - 8pm)
- Email [help@galop.org.uk](mailto:help@galop.org.uk)
- Webchat (Wednesday and Thursday 5pm - 8pm)
- Chatbot (24 hours a day, 7 days a week for those who do not need immediate help)

**Chayn:** <https://www.chayn.co> (Resources created with care by survivors and experts - some examples of the resources you can find are below)

- Healing from sexual trauma on Bloom
- Recovering from toxic and abusive relationships
- Your Story Matters (YSM) by Chayn
- Process maps for legal justice in the UK
- Checklists to help navigate after assault
- The good friend guide

www.boldvoices.co.uk  
@HearThisBoldVoice  
hello@boldvoices.co.uk





Have you logged in to GO4SCHOOLS recently?

GO 4 Schools is a school data system which gives both students and parents access to students' attainment information. Your child's page is constantly updated, providing you with the latest information. In the coming months we will be introducing more features to the system and would ask that if you have not already done so, you take this opportunity to familiarise yourself with what Go4Schools has to offer.

You can view your child's progress online and access the following information at any time:

- **Attendance** – Shown from the start of the academic year
- **Timetable** – Your child's daily and weekly timetable
- **Progress Reports** – Full reports which are published three times a year
- **Behaviour information** – A summary of positive and negative events, plus any managed detentions your child has been issued

To create an account you will need to visit the Go 4 Schools desktop website and register your details by clicking [here](#) or by following the links below. You must use the email address we have registered in our school database for you. (Please note, to create an account you must do this on the desktop website, you are unable to create an account via the Go 4 Schools mobile app). To request a password for GO 4 Schools, please enter your email address into the First-time User field and click 'Please send me a password'. A randomised password will then be generated and sent to your email address. You will be asked to change this password when you first login.

**Student Login**

**Parent/Guardian Login**

#### Mobile App

The GO 4 Schools mobile App is free for students and parents to download on Google Play and the App Store. The app gives you access to all the information above.

Some points to note:

- 1) We never cap student progress. If students exceed their targets, we will set higher ones.
- 2) Because we are grading against GCSE levels from Day 1, almost all students will be below or well below target for at least a term in most subjects. Do not be alarmed by this – the students are not expected to be at GCSE level when they arrive. Our job is to get them there.

**HOME  
START**  
Northampton



## Volunteers Needed

- Have you got any spare time on your hands while your children are in school?
- Are you able to spare 2-3 hours a week?

We need people with your parenting experience to volunteer to join our team of home visiting volunteers.

Being a parent is hard for everyone; for some it can be overwhelming. Some of us have a fantastic support network of family and friends to help, some of us don't.

With your knowledge and experience as a parent or carer, you could be the vital support a family needs to make a big difference to their lives.

Find out more: <https://homestartinwestnorthamptonshire.org.uk/>

Or give us a call on: 01604 627692

We would love to hear from you!





## Sporting News

**Congratulations to all the students who made it onto the PE Bravo Board this half term.**

The criteria for nominations could include one of the following:

- Being a good role model in PE
- Making excellent progress towards targets in PE
- Working with continued effort and enthusiasm in lessons.



**This half terms nominations are.....**

<b>Mr Hancock</b>	Charlie George Wayne Kimani	<b>Miss Vickers</b>	Izzie Kilham Corban Tear Neveah Brown
<b>Miss Boyer</b>	Katie Battams Millie Bull Aimee Herschell	<b>Mr Jefferies</b>	Nathan Hill Jack McFarland Connie Chaplin
<b>Mr Woolridge</b>	Jack Ward Edward Croxton Jenson McCauley	<b>Mr Mills</b>	Connie Chaplin Blossom Hill Lucy Tanser
<b>Mr Cope</b>	Alex Benwell Emma Gardner Ollie Britton	<b>Mr Sutherland</b>	Steven Critchlow Isabella Glissmann-Hill Bradley Shaw
<b>Mrs Dean</b>	Edie Hamblett Gauri Ajesh Rosie Greenacre	<b>Mr Flanagan</b>	Omhle Ncube Evie Grant Vladyslava Chausova

**Congratulations** to the following athletes who participated in the regional round of the cross country competition on the 4 February.

The following are through to the national round:

Benjamin Westmoreland-Alexander  
Stirling Green  
Arthur Tilt  
Jemima Lambert



### PE KIT Reminder...

There has been an increase in the number of pupils wanting to wear their black school jumper to PE lessons. We have a separate kit for PE which means if students become dirty, wet or sweaty during a lesson they can change into their clean dry uniform afterwards. We have spare kit that is washed regularly and pupils can wear this if they do not have a blue jumper.

Lost PE kit is regularly taken to student reception, if it has a name in it, this will ensure it finds its way back to its rightful owner.

### PE KIT

The PE kit list can be found on the [Guilsborough Academy website](#).

View our Extra Curricular Timetable [HERE](#)



## RSE Review

Every year we ask Parents/Carers to review and comment on the Relationships and Sex Education provision at Guilsborough Academy. This time around we are bringing the policy, learning journey and content to your attention and we would welcome your feedback.

Please use the link here to comment: [Life Skills and Relationships and Sexual Health Education \(RSHE\) FORM](#)

The view the following documents below, Life Skills and RSHE

Please follow the link to the [RSE-Policy-2022-2023](#)

Mr S Flanagan, Head of Life Skills & Enterprise, Duke of Edinburgh's Award Lead



# Appendix 1: Life Skills Scheme of Learning

## Curriculum Map Life Skills 2022-2023 Overview

		C- Units – Curriculum Specialist Lessons		T- Units – Tutor Time Sessions		
		Living in the Wider World	Health and Wellbeing	Relationships		
<b>Year 7</b> (2 Hrs 40 Mins per fortnight)	Unit C3 Financial Literacy and Money – Banks, Savings, Debt and Budgeting, Aspiration and self esteem	Unit C4 Healthy Lifestyles – Nutrition and Exercise, Healthy Living, Anger Management, Balance.	Unit C1 Introduction to Life Skills, Resilience and Dealing with Change – Anti-Bullying, Personal Safety, Social Media, Cyber Bullying, Trolling			
	Unit C5 Critical Thinking and Media – Fake News, Cyber Security, Resilience, Online Safety	Unit C6 Health and Wellbeing – Smoking, Energy Drinks, Illegal Substances, Mental Health, Depression	Unit C2 Relationships and Friendships – Cyber Bullying, Romance, Marriage, Civil Partnership, Family, Positive Relationships, Keeping Safe, British Values.			
	Unit T1 – Self Esteem, Aspiration & Money, Debt and Budgets.	Unit T5 – Periods, Puberty, FGM awareness introduction, Drugs Awareness and Energy Drinks.	Unit T3 – Personal Identity, Gender and Sexuality, Diversity.			
	Unit T2 – Social Media, Financial Products, Economic Education	Unit T6 – Managing Anger, Smoking, Healthy Living and Exercise.	Unit T4 – Positive Relationships, Radicalisation and Extremism, Staying safe Online.			
<b>Year 8</b> (3 Hrs 40 Mins per fortnight)	Unit C1 Resilience – Cyber Security and Fraud, Making Decisions, Social Engineering,	Unit C2 Every Mind Matters (NHS) – Dealing with Change, Bullying, Smoking, Body Image, Online Stress, Sleep, Confidence, Self Awareness.	Unit C3 RSE - Consent, Sexting, Contraception and Dangers of Pornography, Image Sharing, Body Image, Domestic Conflict & Running away from home.			
	Unit C4 Your Future and Careers – Entrepreneurs, Enterprise and Workplace Skills, Vocational Qualities	Unit C5 Health and Wellbeing – Addiction, Managing Behaviour, Teenage Pregnancy, Self Confidence, Parenting Introduction	Unit C6 Civil Rights and Discrimination – Anti-Racism, BLM, Martin Luther-King, Extremism			
	Unit T1 – Careers, Skills, Discrimination, E-Safety, Gangs and Crime	Unit T5 – Cancer awareness, Emotional Literacy, Self Confidence and Goals.	Unit T3 – STI's, Sexual Health, Domestic Conflict, Religious Discrimination.			
	Unit T2 – Finance, Budgeting, Savings, Tax, Climate Change & The Environment	Unit T6 – Vaping, Nicotine and Addiction, Mindfulness and Relaxation. Dealing with a Crisis.	Unit T4 – Positive Relationships, Extreme Groups, Radicalisation.			

<b>Year 9</b> (1 Hr 40 Mins per fortnight)	Unit C2 Workplace Skills – Employability, Enterprise and Self Discipline, Sustainability.	Unit C1 Attitudes and Mindset - Behaviour to succeed, Interpersonal skills and Growth Mindset, Stress, Anxiety, Achievement and Distractions,	Unit C3 Relationships – Body Image, Abusive Relationships and Peer Pressure, Predators and Danger, Media, Eating Disorders
	Unit C5 International Awareness – Aid and Charity, Human Rights, Human Rights Abuses and Immigration.	Unit C4 Core Issues – Drugs and the Law, Self-Image, Self-Harm, Coping with Stress and Anxiety, Risks and Dangers, Personal Safety, Acid Attacks.	Unit C6 British Values – British Community, Religion and Culture. Diversity and LGBTQ+ Community.
	Unit T1 – Employability, Crime and The Law, County Lines, Knife Crime	Unit T5 – Alcohol Awareness, Coping with Stress and Anxiety, Finding Help. Self-Harm Awareness,	Unit T4 – Consent, Sexting and Sharing Images, Healthy Relationships, Bullying
	Unit T2 – Finance, Debt, Human Rights Financial Institutions,	Unit T6 – Discrimination, Vaccinations, Organ and Blood Donation. Accessing Education.	Unit T3 – Child Sexual Exploitation, Trafficking and Abusive Relationships. Domestic Violence
<b>Year 10</b> (1 Hr 20 Mins per fortnight)	Unit T1 – Careers, Fake News, Critical Thinking, Employability, Workplace Awareness, Money Laundering.	Unit T5 – Screen Time, Social Media and Self-esteem, Study Skills, Social Anxiety, Suicide, Managing Time Online & Screen Time, Managing our time effectively.	Unit T3 – Community Cohesion, Managing Conflicts, Same Sex Relationships, Gender & Trans-Identity, Honour Based Violence, Radicalisation Online
	Unit T2 – Anti-Social Behaviour, County Lines, Criminal Justice System, Rights, responsibilities and Equality, Racism and BLM.	Unit T6 – Binge Drinking, Homelessness, Hate Crime, Managing Grief, Study Skills, Tattoos and Piercings Awareness, Living Sustainably.	Unit T4 – Harassment and Stalking, Role Models, Revenge Porn and Sexism & Gender Prejudice, Forced and Arranged Marriages, Parenting and Families
<b>Year 11</b> (1 Hr 20 Mins per fortnight)	Unit T1 – GCSE Revision and Study Skills, Applying, Interviews, Preparing for work, Living Independently, Sustainability.	Unit T5 – Sleep, Gambling and Online Gaming, Digital Footprint, Privilege, Identity and Diversity, Importance of sleep and relaxation, CPR and First Aid, Perseverance and Procrastination.	Unit T3 – Consent, Body Shaming, Positivity and Relationship Break-Ups, Rape and Sexual Abuse, Forced Marriage, Bullying
	Unit T2 – E-Safety, Globalisation, World Issues, Internet and Dark web, Cybercrime, Health and Safety, Trade Unions, Multiculturalism.	Unit T6 – Personal Safety, Risk Taking, Reproductive health, Pregnancy and Childcare, Obesity and Body Positivity, Fertility, STI's, Menopause	Unit T4 – Safe Sex, Types of Relationships. Healthy sex. LGBT Relationships, Sex and Waiting for Sex, Pleasure and Risk, Drugs, alcohol and sex.
<b>Year 12 &amp; Year 13</b>	Apprenticeships, Careers and Employment, Applying for College/University, Personal Statements & Applications, Careers in STEM and Core Subjects, Computer Literacy, Plagiarism, Personal presentation and Interview Skills, Personal Skills, Leadership, Problem Solving, Work Ethic,	Addiction & Substance Misuse, Cosmetic Surgery, Miscarriage, Pregnancy, Abortion, Adoption, Relaxation, Sex Gender and Identity, Festivals Clubbing and Parties, Emotional Wellbeing throughout life, Clinics, advice and sexual health, Healthy Eating,	Consent, Rape, Sexual Assault, Sexualised Language, Racism, Sexting, Dangers of Pornography, Safe Relationships, LGBTQAI+, STI's, Contraception, Peer Pressure, Coercion & Control, Spiking, Social Justice Issues, Hate Speech, Date Rape, Honour Based Violence, Feminism & Gender-based attitudes, Online

(1 Hr 20 Mins per fortnight + added time as required for specialist speakers)	Personal Finance, Debt, Cars and Driving, Pensions and Retirement.	Exercise and Obesity, Toxic Masculinity, Living with Climate Change	Sub-cultures, Readiness for Sex, Sexual Encounters and Emotions, Sex in the Media, Body Image, Prejudice, Ageism and Cultural Appropriation.
Post 16 Visiting Speakers (Confirmed @ Nov' 2022)	Visiting Speakers: EPIC Risk Management (Yr12) – Drugs, Sex & Relationships Just Like Us: LGBTQ Bold Voices: Gender Inequality The RAP Foundation: Porn (Yr12) and 'The Big Leap' (Yr13) DSMF: Yr13 – Drugs, Sex and Relationships. ItHappens: Sex Education (Yr12- Recorded)		

Life Skills Days 2022-2023		
Living in the Wider World	Tuesday 29 <sup>th</sup> November 2022	All
Health and Wellbeing	Wednesday 8 <sup>th</sup> February 2023	All
Relationships and Sex Education	Thursday 6 <sup>th</sup> July 2023	All (excl. Y11 & Y13)

## Appendix 2: RSE Learning Outcomes

Below is a detailed summary of the learning outcomes as described by the Department for Education in [Relationships Education, Relationships and Sex Education \(RSE\) and Health Education](#) that will be achieved by students through engagement with the RSE curriculum:

Topic	Students should know
Online and media	<ul style="list-style-type: none"> <li>Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online</li> </ul>
	<ul style="list-style-type: none"> <li>About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online</li> </ul>
	<ul style="list-style-type: none"> <li>Not to provide material to others that they would not want shared further and not to share personal material which is sent to them</li> </ul>
	<ul style="list-style-type: none"> <li>What to do and where to get support to report material or manage issues online</li> </ul>
	<ul style="list-style-type: none"> <li>The impact of viewing harmful content</li> </ul>
Being safe	<ul style="list-style-type: none"> <li>That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners</li> </ul>
	<ul style="list-style-type: none"> <li>That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail</li> </ul>
Intimate and sexual relationships, including sexual health	<ul style="list-style-type: none"> <li>The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships</li> </ul>
	<ul style="list-style-type: none"> <li>How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online)</li> </ul>
	<ul style="list-style-type: none"> <li>How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship</li> </ul>
	<ul style="list-style-type: none"> <li>That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing</li> </ul>
	<ul style="list-style-type: none"> <li>The facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women</li> </ul>
	<ul style="list-style-type: none"> <li>That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressuring others</li> </ul>
	<ul style="list-style-type: none"> <li>That they have a choice to delay sex or to enjoy intimacy without sex</li> </ul>
	<ul style="list-style-type: none"> <li>The facts about the full range of contraceptive choices, efficacy and options available</li> </ul>
	<ul style="list-style-type: none"> <li>The facts around pregnancy including miscarriage</li> </ul>
	<ul style="list-style-type: none"> <li>That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help)</li> </ul>
<ul style="list-style-type: none"> <li>How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing</li> </ul>	
<ul style="list-style-type: none"> <li>About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment</li> </ul>	
<ul style="list-style-type: none"> <li>How the use of alcohol and drugs can lead to risky sexual behaviour</li> </ul>	
<ul style="list-style-type: none"> <li>How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment</li> </ul>	

