# Guilsborough Academy Geography Tour to Iceland 25/05/2024 - 29/05/2024















### An enrichment trip to investigate geographical

### features found in a tectonic and Periglacial region.





### The Rayburn Tours Difference

#### The Rayburn Tours Team

- A family-run company
- Unforgettable international experiences for young people
- Over 50 years' experience
- Team of **dedicated specialists**
- Delivering on promises of safety, support, service and experience time and time again

#### Our Customers

Taking care of the travel arrangements for **23,000 young people** each year Average customer service rating of **4.7 out of 5** 





## World of Rayburn Tours



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# Curriculum Links

Changing places Climate change Coastal Systems & Landscapes Ecosystems and Biodiversity Geographical Skills Glacial Systems and Landscapes Globalisation and Global Systems Natural Hazards **Plate Tectonics** Population Water Resources

Energy Resources Food Resources River Systems and Landscapes Rocks, Weathering and Soil **Rural Environments** Tourism Urban Environments Water Cycle Carbon Cycle Weather and Climate



### Tour Inclusions

Return flights with IcelandAir from London Heathrow to Keflavik

- 4 nights' accommodation at Hotel Ork
- Meals on a full-board basis
- Resort coaching
- Programme of activities and excursions to complement your subject requirements
- Dedicated Field Study Tutor throughout the trip
- Comprehensive Travel Insurance





## Your Iceland Air Flights

### **Outbound Flight:**

Saturday 25<sup>th</sup> May 2024

- Flight number: FI451
- Departing from: London Heathrow Airport
- Arriving at: Keflavík International Airport

Check-in opens	10.05hrs
Flight departs London	13.05hrs
Flight arrives in Icleand	15.15hrs

### Inbound Flight: Wednesday 29<sup>th</sup> May 2024

Flight number: **FI454** 

Departing from: Keflavík International Airport

Arriving at: London Heathrow Airport

Check-in opens	13.10hrs
Flight departs Iceland	16.10hrs
Flight arrives in London	20.20hrs

1 item of hold luggage weighing no more than 23kg per person

1 item of cabin luggage (max. 55 x 40 x 20cm) weighing no more than 10kg per person, and 1 small personal item (max. 40 x 30 x 15cm)





### Your Excursions and sight seeing

Lava Centre

Secret lagoon

Nátthagi Valley Gullfoss Waterfall

Geysir Geothermal Area

Thingvellir National Park

Skógafoss Waterfall

Dyrhólaey

Vík

ra

Reynisfjara Beach

Seljalandsfoss Waterfall

Hraunafoss and Barnafoss

Deildartunga Hot Spring

Hvalfjorður

Gunnuhver Hot Springs



### Your Accommodation

#### 4 night's accommodation at Hotel Ork, Iceland.

Students in multi-bedded rooms with en-suite facilities

Full Board arrangements at the accommodation named above

First meal: Evening meal provided on day one

Last meal: Breakfast provided on departure day

Please note that drinks (including tap water) are not usually included with evening meals and are to be paid for on the spot.

Please confirm your dietary requirements with the Party Leader







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## Day 1: Saturday 25<sup>th</sup> May 2024

07	:00
-7.	15

- Load luggage and hand in passports park in A block carpark please (keep front of school clear)
- 07:30 Coach departs Guilsborough to London Heathrow Airport

Group travel by air to Keflavik International Airport

Meet the coach driver and field study tutor in the arrival's hall

Visit to Reykjavik for a guided tour before departing for a visit to Flyover Iceland.

Coach travel to Hótel Örk

Check in and unload luggage

20:15

Evening meal at the hotel









### Day 1: Saturday 25<sup>th</sup> May 2024

07:00 07:30

20:15

Before the flight-ride experience, the two pre-ride shows explore the roles of nature, time and humankind on this remarkable island. From volcanoes and glaciers to Vikings, trolls and more, it's a powerful experience. Resident troll, Sú Vitra, will lead you through two unique adventures that'll ignite your imagination with stories of Iceland, its people and the natural forces at work. Your final experience utilizes state-of-the-art technology to give you the feeling of flight.

You will hang suspended, feet dangling, before a 20-metre spherical screen while our film whisks you away on an exhilarating journey across Iceland. Special effects, **including wind, mist and scents, combine with the ride's** motion to create an unforgettable experience.







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### Day 2: Sunday 26<sup>th</sup> May 2024

#### Remember to pack your swimwear and towel for your visit to the Secret Lagoon today!

#### 08:00 Breakfast and collect packed lunches

Visit to The Secret Lagoon

Visit to Gullfoss Waterfall

Visit to Geysir Geothermal Area

Visit Efstidalur Ice Cream Farm (money needed here)

Visit to Thingvellir National Park

Travel back to the accommodation

#### **19:30** Evening meal at the hotel

The swimming pool at Hotel Ork is free of charge, and a lifeguard is included in your tour price and has been booked for your group from 20:00hrs until 22:00hrs Alternatively use of games room/chill in rooms.

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## The Secret Lagoon

Bathing experience in Iceland's oldest natural hot spring. Witness the Little Geysir erupting every five minutes.

Authentic way to experience geothermal activity first-hand.

### Gullfoss Waterfall

One of Iceland's most iconic two-tiered waterfalls.

Powerful waterfall plummeting 32 metres down into its rugged gorge, with walls reaching up to 70 metres high.

Witness a shimmering rainbow curving over the falls when the sun is shining.

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### Geysir Geothermal Area

Main attraction is the spectacular Strokkur Geysir which erupts every 8-10 minutes.

Home to various other hot springs, bubbling mud pools and lively eruptions.

Also home to the Great Geysir, after which all other geysers in the world are named.

### Efstidalur Ice Cream Farm

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### Thingvellir National Park

UNESCO World Heritage Site.

At the boundary of the North American and Eurasian tectonic plates.

Perfect place to give meaning to plate tectonics.

## Day 3: Monday 27<sup>th</sup> May 2024

#### 07:30 Breakfast and collect packed lunches

Visit to The Lava Centre

Visit to Skógafoss Waterfall

Visit to Dyrhólaey

Visit to Vík

Visit to Reynisfjara Beach

Visit to Sólheimajökull Glacier

Visit to Seljalandsfoss Waterfall

Travel back to the accommodation

**19:30** Evening meal at the hotel

Quiz and film night.





### The Lava Centre

BRAND NEW interactive, high-tech educational exhibition depicting volcanic activity, earthquakes and the creation of Iceland over millions of years.







Skógafoss Waterfall

One of the biggest and most beautiful waterfalls in Iceland, with a wide curtain of water cascading from a height of 62m. Get close to the base of this waterfall through a short gorge.

Illustrates how waterfalls erode with time.

### Dyrholaey

Witness arch and stack development, basalt columns and an extensive black beach at Reynisfjara.

Give meaning to cliff development and retreat, as well as attrition.

Look out for puffins nesting in burrows on cliff tops.











#### Southernmost village in Iceland.

Vík

Home to some truly unique landscapes, including beautiful black basalt beaches.

Perfect place for souvenir shopping!



### Reynisfjara beach

Based in the village of Vik on the South Coast of Iceland.

Created by the cooling of lava, these pipe-like basalt columns are one of Iceland's fascinating natural wonders.

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### Sólheimajökull Glacier

This massive outlet glacier emerges from the Myrdalsjökull ice cap. The glacier displays dramatic ice formations and towards the snout various moraines and moraine ridges are crossed with kettle hole lakes. One of the dominant features of the glacier is the dirt cones that cover the lower snout area. The glacier is constantly changing and the marks of climate change are clearly evident.

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### Seljalandsfoss Waterfall

Falling 40m over old basalt sea cliffs this is one of Iceland's most impressive waterfalls.

Walk behind the waterfall for a unique perspective.

With the site's increasing popularity, gain understanding of impacts of increasing tourism in Iceland.

## Day 4: Tuesday 28<sup>th</sup> May 2024

#### 08:00

Breakfast and collect packed lunches

Visit to Raufarholsheillir Lava Tunnel

Visit to Krýsuvík Mud Puddles

Visit to Lake Kleifarvatn

Visit to Reykjavik for some free time

Travel back to the accommodation

Evening meal at the hotel

#### 19:00

The swimming pool at Hotel Ork is free of charge, and a lifeguard is included in your tour price and has been booked for your group from 20:00hrs until 22:00hrs Alternatively use of games room/chill in rooms.





# Raufarholsheillir Lava Tunnel

At 1,360m long, the Raufarholshellir lava tunnel is one of the longest lava tubes in Iceland. It is thought that the tube was formed 5,200 years ago after the Leitahraun eruption east of the Bláfjöll mountains, roughly 10km away from the tube. The cave was closed to the public in 2016 due to damage and waste accumulation concerns. Waste was removed, and walkways were added, whilst ensuring no further damage was made to the cave.

### Krýsuvík Mud Puddles

The geothermal area Krýsuvík (also referred to as Seltún) is situated on the Reykjanes peninsula in Iceland, in the middle of the fissure zone on the Mid-Atlantic Ridge, which traverses Iceland diagonally, from the south-west to the north-east of the island. Krýsuvík is one of Iceland's high temperature areas, visible through the mud pots, hot springs and steaming vents as well as multi-coloured mineral deposits and the permanent whiff of sulphur in the air.

### Lake Kleifarvatn

The lake at Kleifarvatn (known as the Draining Lake) has an area of about 10 km<sup>2</sup> and it is the largest lake of the Reykjanes Peninsula and the third largest of southern Iceland. With a depth of about 97m it is one of the deepest lakes in Iceland. In the southernmost part hot water springs run into the lake but elsewhere the lake is very cold. According to folklore, the lake is said to be inhabited by a monster: a serpent-like creature, the size of a whale!

# Reykjavík

Tjörn: The 'Pond'. This is the lake in the centre of the city around which the original Reykjavík grew.

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### Reykjavík

Explore the world's most northern capital city. Home to 65% of the country's population. Great opportunity for shopping and sightseeing.

### Day 5: Wednesday 29<sup>th</sup> May 2024

#### 08:00 Breakfast and collect packed lunches

Group to check out of the hotel and load luggage onto the coach

Visit to Hellisheiði Geothermal Powerplant

Visit to Hveradalir Geothermal Area

Visit to Reykjavik for some free time

Coach travel to Keflavik International Airport

Group travel by air back to London Heathrow Airport

Flight arrives at London Heathrow at 20:20

23:35 Arrive at Guilsborough – we respectfully ask that you arrive early so that we do not have to wait for you to arrive before we can go home

A block carpark will be open for you to park.





# Hellisheiði Geothermal Powerplant

The Hellisheiði Geothermal Power Plant began producing electricity in 2006 and is the largest of Iceland's six geothermal power stations. The power plant's purpose is to produce electricity and hot water to meet the increasing demand from the industrial and domestic sectors.

### Hveradalir Geothermal Area

Hveradalir is a high temperature geothermal area that is part of the Hengill volcanic system. Walkways cross the geothermal field allowing visitors to take in the sights, sounds and smells of this active geothermal area, consisting of steaming fumaroles, boiling hot springs and bubbling mud pools.

# Reykjanes Lighthouse

First lighthouse in Iceland built on Valahnukur in 1878. Head up to the lighthouse or stroll along the cliffs, taking in the panoramic views. Take in the excellent examples of coastal erosion.

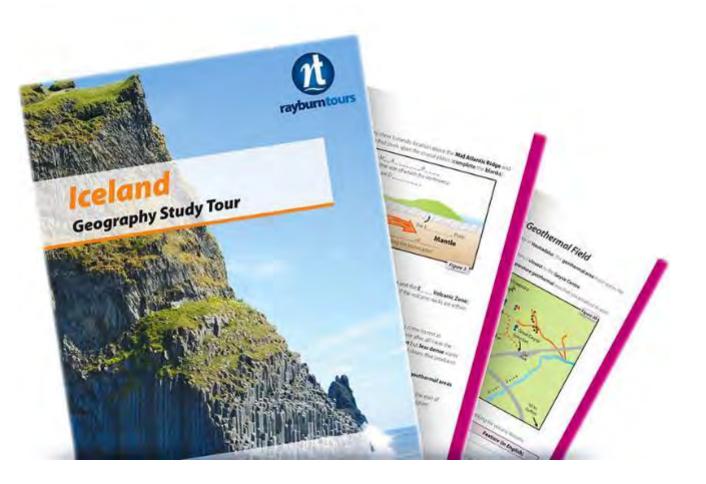
# Field Study Tutor

An experienced and knowledgeable Field Study Tutor will accompany the group throughout the tour, bringing the experience to life with that extra bit of geographical input.

They will also be on-hand to provide additional support to the group.



# Study Handbooks



Award-winning Study Handbooks maximise your child's learning out in the field and back in the classroom.

Student Handbook and Teacher Guides

Recognised by the Geographical Association and the Scottish Association of Geography Teachers











Passenger safety on tour is paramount

- All aspects of safety and risk on tour are carefully monitored
- Rayburn Tours are founding committee members of the School Travel Forum (STF)
- In-house Health and Safety Manager
- Partnerships with external health and safety organisations





# Safety Management System

#### Robust Safety Management System includes:

- A guide to Safety and Risk Management on Tour
- Accommodation and Coach Operator Audits
- Crisis Management System
- 24-hour on-tour emergency contact
- DBS checked staff, couriers and coach drivers







# Financial Security

#### ABTOT Membership

In the unlikely event of tour operator failure, monies paid for your nonflight tour is financially protected and can be recouped. If already on tour, assistance will be available to ensure the tour can be completed and you are returned home.



#### **ATOL Licence**

When booking a flight tour, our ATOL licence provides the reassurance that in the unlikely event of tour operator failure before departure, your money is financially protected and can be recouped. If already on tour, assistance will be available to ensure the tour can be completed and you are returned home.







We will provide your group with full travel insurance through Aviva insurance.

Further details regarding insurance, including full details of Aviva insurance cover are available at **www.rayburntours.com** 











### Don't forget your passport...

Your passport must be:

Issued less than 10 years before the date you enter the country

Valid for at least 3 months after the day you plan to leave

GHIC CARDS

It is advised for everyone to apply for a GHIC Card in replacement for the EHIC Card, for use in the EU. Many state hospitals and doctors will accept this if a member of the group seeks medical assistance.

A member of staff will keep passports safe upon student's arrival for the start of the trip.





# Global Health Insurance Card (ghic)

You **cannot** use a GHIC or an existing EHIC in Norway, Iceland or Liechtenstein. You must apply for the new EHIC on <u>https://services.nhsbsa.nhs.uk/cra/which-service</u>

You can use a new UK EHIC (identifiable by a Union flag hologram in the top-right corner) while visiting:

an EU country

Norway

Iceland

Liechtenstein

Switzerland rayburntours











### Luggage

1 item of hold luggage weighing no more than 23kg per person

1 item of cabin luggage (max. 55 x 40 x 20cm) weighing no more than 10kg per person, and 1 small personal item (max. 40 x 30 x 15cm) No liquids in luggage but bring an empty water bottle to refill once through.

There is a charge for exceeding this

Electrical equipment – at your own risk – different plug

Some money will be required for students to buy additional drinks and a meal for lunch as we travel on the first day of the trip.

We advise you to take 17483.16 Icelandic Króna (£100) . Informally the contact at Ski bound advised this.

Optional – Monzo or Revolut Card for kids with pre-loaded money.









# Suggested Luggage List

#### **REGULAR CLOTHING/FOOTWEAR:**

Jeans/Joggers T-shirts/Thermals for layering Jumpers Underwear / PJ'S Socks Swimwear/sliders or flipflops Sturdy waterproof shoes/boots Comfortable footwear for at hotel Warm waterproof coat **TOILETRIES:** 

Prescriptions and other medications

Deodorant

Hairbrush

Soap / Shampoo

Towel for hot springs

Suncream/After sun

#### **BASICS:**

or Boots

Wallet or purse and cash/cards Glasses/Sunglasses Backpack for day use Large bag for laundry Book/none-digital entertainment Water bottle for refilling



#### Towels and soap provided at the hotel



# Behaviour whilst away:

Our expectations are exactly the same as if you were at school.... Be on time for meet times

When on excursions following the health had safety rules of any venue visited and follow the instructions of the venue staff/activity leaders/tour leaders

Behave appropriately at all times – you are representing the school

Treat others how you wish to be treated yourself

No smoking/vaping/drinking

Follow our rules: stay in groups/don't leave the hotel

In your rooms when told – 10pm in rooms/Lights out 10.30pm

There is a code of conduct slip that we would like signed and returned

The trip schedule is tight – so students will be expected to be up and ready for a full day every day. Sleeping on coach between visits.



# **Medical information**

When you initially signed up for the trip all this information was gathered from you.

It is important we receive any medical information and any medication that your son/daughter may be carrying – also if you need staff to have extra medication for your child on the trip we need to know.

Online consent forms will be sent out after this meeting regarding paracetamol and ibuprofen and updated medical information/swimming proficiency





## Rooms

2 x quad boys 3 x trp boys 2 x quad girls 5 x trp girls 1 x twn fstaff 1 x twn mstaff 2 x sgl guide & driver

#### Please note that all rooming is:

- with en suite facilities
- with soap and towels provided in rooms
- subject to alteration by the accommodation management





Mrs Shiels – Trip leader, experienced teacher and run numerous trips, including trips abroad, female first aid representative

Mr Niland – SLT link and experienced teacher and trip leader.

Mr Flanagan – Experienced trip leader, male first aid representative.

Miss Stephenson – experience of numerous trips, female first aid representative





# Emergency Contact

Whilst we are away the emergency contact number is the school trip mobile which staff on the trip will have – (+44)**07946068525** Trip Phn 1

SLT out of hours Mr Mills – We have direct contact.

Hótel Örk Breiðumörk 1c, 810 Hveragerði, Iceland Dakri Irene Husted 00354 483 4700





# Finally....

Thank you for coming this evening

Please speak to one of the members of staff here tonight if you have any questions or email shiels@guilsborough.northants.sch .uk



