

parent/carers News Bulletin

Friday 12 MAY 2023

Principal's Blog

Dear Parents and Carers,

I was so pleased to finally see our summer 2022 rewards trip leave for Drayton Manor. While the weather was not as kind as it could have been, nothing was going to stop our deserving students enjoying their day out. I have to say a special thank you to Mrs Stanger and Mr Sutherland who stepped up and took on multiple trips round the log flume so that the students could go on it – something to do with new rules requiring an adult be on the ride, they were a bit cold and wet!

In addition to the rewards trip, Year 8 have been to the Black Country Living Museum, with other students visiting the University of Oxford. The Academy is working hard to engage all our students in learning beyond the classroom and I know further opportunities will be shared in the coming weeks.

A small number of parents/carers are still not clear where they can find information regarding what their children are taught in school. You can find this information [here](#).

As we approach the second half of the summer term, we will be sharing key information about next year. We will be welcoming a full cohort into Year 7 and have a waiting list of parents wishing to send their children to Guilsborough Academy. We want all our students to meet our expectations in terms of their work in lessons and their appearance. We will be working with our current students on this during the remainder of the summer.

Mr Frazer
Principal

Dates to Remember:

- | | |
|------------------|----------------------------------------------------------------|
| 16 May | Year 9 HPV dose 2 |
| 18 May | Year 12 Business Breakfast Briefing
Year 8 Parents' Evening |
| 25 May | Parent Forum |
| 26 May | Year 11 Celebration |
| HALF TERM | |
| 5 June | Return to school |

Assemblies - Term 5

- | | |
|--------|---------------------------------------------------------|
| 15 May | Student Leadership |
| 22 May | Neurodiversity Celebration Week / Rewards / Celebration |

Reports / Assessments / Exams

- | | |
|--------|-------------------------------|
| 15 May | Year 7 Assessment (final day) |
| 22 May | Year 9 Report Out |



Educational Visits

- Thursday 25th May
Cummins Engineering Trip Year 10 (selected students)

I Think You Should Know

Ithinkyoushouldknow@guilsborough.northants.sch.uk

This email address has been established to encourage students to report incidents and issues they may feel uncomfortable raising face-to-face. The emails are only accessed by Mr Woolridge who then liaises with key staff to take appropriate action to address the concerns raised.

NOTICE
REPORT ALL INJURIES



Please could you ensure you contact the school to inform us if your child sustains an injury out of school time.

We sometimes have to make adaptations to accommodate students who may be using crutches, slings, support boots etc.

The more information we have prior to a student returning to us allows us the opportunity to put plans in place.

Many thanks,

Mrs E Phipp
Vice Principal

'Rail Safe Friendly' website is now live!

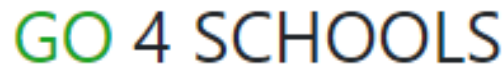
Please follow the link :

<https://railsafefriendly.com/>

Improving rail safety awareness in all schools across the UK.



Previously, we showed you how to scroll on the behaviour area of the Go4Schools App. This time, you can see how to access the timetable and help your young person check what they have the next day to ensure they have their PE kit, food ingredients or are packing the right things for their lessons. This helps them to access the maximum amount of learning when in school.



Coming soon will be homework on Go4Schools.

Timetable:

From the main screen you can also tap on the timetable for more information.



Timetable detail:

You are then presented with today's timetable. You can tap or swipe to previous and future days at the top.



At the end of March KS3 students undertook a series of lessons on the theme of Connections for Science Week 2023. The connections between science and nature were explored by learning about seeds and the importance of plants, including the opportunity for all students to plant a dwarf tomato seed; using plants as indicators for acids and alkalis and how important the correct pH is for plant growth; and building homemade anemometers and barometers to understand how science can monitor environmental conditions to help plant growth. Many students took their tomato seeds home to grow on a window sill or in the garden and others were potted on by the Year 7 science club and are growing nicely on a window in one of our labs.

Dr C Broadhurst
Director of Science



Year 8 had a fantastic day out with the History Department at the 'Black Country Living Museum' on Wednesday 3rd May.



Drayton Manor Reward Trip

On Friday 21st April, third time lucky, the Drayton Manor Reward trip took place.



On Thursday 4th May, a small group of Year 12 students were given the opportunity to explore Oxford University's Lincoln College in aid of efforts to make decisions for after Sixth Form.



We received an extremely insightful talk from the college's access officer, in which he covered what makes Oxbridge stand out from other universities, how teaching works at university and how to make a successful application; everybody found this very informative and reassuring.

This was followed by a tour of the beautiful Lincoln College by a second-year student, where he showed us both where students work (such as the incredibly impressive library) and where they socialise.

After a very nice lunch in the college dining hall, we spent the afternoon exploring the extraordinary variety of literature in the college's senior library, something we all thoroughly enjoyed.

This trip was very beneficial as it allowed us to understand more about applying for university, as well as allowing us to hear first-hand thoughts and advice from a successful applicant.

Emily Richardson
Year 12



Upcoming webinar for parents: *How to Help Your Child Manage Their Stress & Wellbeing*

We're excited to announce that Elevate Education's second free webinar of the Summer Term will be taking place on **Tuesday 23rd May**.

Elevate Education works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series you will learn how you can help better support your children at home through reinforcing the skills they learn at school:

Tuesday 23rd May (6-7pm)

How to Help Your Child Manage Their Stress & Wellbeing

[Click here to register for free](#)

In this webinar, Elevate will be showing parents:

- ✓ How to spot your child's stress symptoms early
- ✓ How to start a conversation about emotional wellbeing
- ✓ Techniques your child can use to self-manage stress



DISCOVER SAILING AT HOLLOWELL

JOIN THE FUN ON SATURDAY, 13 MAY

Are you looking for a new way to get active outdoors or find something you can enjoy together with the family?

We're inviting the local community to come down to have a go at sailing, see what **Hollowell Sailing Club** has to offer and get involved. Who knows, you might just get hooked!

Whether you're completely new to the sport or looking to get back on the water, RYA Discover Sailing, which takes place from May, is the perfect time to give it a go.

Visit the website for all the info + to book. HOLLOWELLSC.ORG.UK

EST. 1966
Hollowell SAILING CLUB

GIRLS FOOTBALL DEVELOPMENT CAMP

ONLY FEMALE FOCUSED DEVELOPMENT CAMP IN NORTHAMPTONSHIRE.

MAY 30 MEMORIAL SPORTS FIELD SYWELL ROAD, NN8 6BS

JUNE 1 OBELISK CENTRE NORTHAMPTON, NN2 8UB

ALL CAMPS RUN 9AM - 3PM
GIRLS AGED | 6 - 14

£26 PER DAY

#HER TOO WWW.ELITEFOOTBALLCOACHING.ORG/BOOKONLINE

EFC FOOTBALL DEVELOPMENT CAMP

JUNE 1ST 2023

Boys and Girls Aged 6 - 13

CAMP TIME 09:00AM - 03:00PM

The Obelisk, Northampton, NN2 8UE

£26 PER DAY

ALL PLAYERS ARE WELCOME AND WILL TRAIN IN SMALL GROUPS BROKEN UP BY AGE AND ABILITY SO THEY CAN LEARN AT THEIR OWN PACE.

WWW.ELITEFOOTBALLCOACHING.ORG/BOOKONLINE

SPORT NEWS

NSCBA (Northampton Schools County Badminton Association) County Squad trials 2023/24

for the 2023/24 season for both existing squad members and potential new members will be held on 25th June 2023

Venue is Northampton High School
Newport Pagnall Road
Hardingstone
Northampton
NN4 6UU



The timings are:

<u>9:00 - 10:30</u>	U11- Players born 2014 or later
<u>11:00 - 12:30</u>	U13 - Players born 2013 or 2012
<u>13:00 - 14:30</u>	U15 - Players born 2011 or 2010
<u>15:00 - 16:30</u>	U17 - Players born 2009 or 2008

Please register here: [LINK](#)

Miss S Boyer
Head of Physical Education



What is concussion?

Concussion is a traumatic brain injury resulting in a disturbance of brain function. It affects the way a person thinks, feels and remembers things.

Loss of consciousness (being 'knocked out') occurs in less than 10% of concussions and is not required to diagnose concussion. However, anyone who loses consciousness because of a head injury has had a concussion.

Anyone with suspected concussion should be immediately removed from the field of play and assessed by an appropriate Healthcare Professional or access the NHS by calling 111 within 24 hours of the injury.

IF IN DOUBT, SIT THEM OUT

"If in doubt, sit them out"

If suspected concussion, sit out, do not participate for remainder of session.

No one should participate in physical activity including PE for 24 hours if suspected concussion has occurred.

If concussion suspected, they should be checked by a medical professional within 24 hours of the injury (NHS or call 111) and not left alone for 24 hours.

If red flags seen (see below) – urgent medical care should be sought.

Any concussion should rest for 24-48 hours, avoiding strenuous activity.

Symptoms lasting longer than 28 days should be assessed by GP/hospital.

Anyone suffering concussion should **not** take part in competitive sport/physical activity for **21 days**.

Miss S Boyer
Head of Physical Education

What causes concussion?

Concussion can be caused by a direct blow to the head but can also occur when knocks to other parts of the body result in rapid movement of the head (e.g. whiplash type injuries).

What can be the consequences of concussion?

A history of previous concussion(s) increases the risk of sustaining a further concussion, which may then take longer to recover.

A history of a recent concussion also increases the risk of other sport-related injuries (e.g. musculoskeletal injuries).

Concussions can happen at any age. However, children and adolescents:

- May be more susceptible to concussion.
- Take longer to recover and returning to education too early may exacerbate symptoms and prolong recovery.
- Are more susceptible to rare and dangerous neurological complications, including death caused by a second impact before recovering from a previous concussion.

Red flags – requiring urgent medical assessment

If any of the following 'red flags' are reported or observed, then the player should receive urgent medical assessment from an appropriate Healthcare Professional onsite or in a hospital Accident and Emergency (A&E) Department using emergency ambulance transfer if necessary:

- Any loss of consciousness because of the injury
- Deteriorating consciousness (more drowsy)
- Amnesia (no memory) for events before or after the injury
- Increasing confusion or irritability
- Unusual behaviour change
- Any new neurological deficit e.g.
 - Difficulties with understanding, speaking, reading or writing
 - Decreased sensation
 - Loss of balance
 - Weakness
 - Double vision
- Seizure/convulsion or limb twitching or lying rigid/motionless due to muscle spasm
- Severe or increasing headache
- Repeated vomiting
- Severe neck pain
- Any suspicion of a skull fracture (e.g. cut, bruise, swelling, severe pain at site of injury)
- Previous history of brain surgery or bleeding disorder
- Current 'blood-thinning' therapy
- Current drug or alcohol intoxication