

**BTEC Sport****Exam Board: Edexcel****BTEC Description:**

The Sport course encourages personal development in both practical and theory elements related to a sporting context e.g. working within the leisure industry or sports coaching. The variety of units seeks to develop students' knowledge of the health, exercise and fitness industry whilst also developing those skills essential in the sports industry (communication, leadership, teamwork, ICT).

**Course content:**

The order of the units studied over the 3 years may be subject to change, on a yearly basis.

Year 1 – **Sports Leadership** and start year 2 in Term 3 if appropriate

**Year 2 – Fitness for Sport and Body in Action** (sit exam when appropriate)

**Year 3 – Practical Sport** (availability to re-sit and improve Unit 1 test as required)

**Unit 1 – Fitness for Sport**

Students will develop an understanding of fitness and how we can train for specific sports. This will involve practical fitness testing and theory work.

**Unit 2 – Practical sport**

Students will participate in a range of practical activities and develop their knowledge of the specific skills, techniques and tactics used when participating or officiating.

**Unit 4 – Body in action**

Students will learn about how the body adapts and responds to exercise and how these effects occur in both the short term (immediately) and long term.

**Unit 6 – Sports leadership**

This unit introduces students to sports leadership, enabling them to start on the ladder of leadership and coaching, through delivering components of sports sessions and whole activity sessions.

**Useful websites:**

- **School PE page of the VLE** – dedicated page to the GCSE course.
- **BBC sport web site** – practical sport, coaching practices.
- Sport specific web pages e.g. **RFU/F.A/England netball** (unit 2/6)
- **Brianmac** – fitness information.

**Extra-Curricular Opportunities:**

The Extra-Curricular opportunities available for students run at lunchtimes and fixtures for school teams after school. A weekly catch up session is also available. The Extra-Curricular time-table can be found on the school website.

BTEC students also have the opportunity to help lead lunch time practices for Key Stage Three students.

**Important information:**

Students will be expected to complete both practical and theoretical lessons for this course.

The unit order over the 3 years may be subject to change.

Students have to complete a compulsory online assessment.

Practical ability is not a necessity for the course but a passion for Sport and PE is essential.

**Provision for the Most Able:**

Differentiated lessons challenge and push More Able students and support working towards the highest possible level. This may include taking on greater leadership, coaching or officiating roles or specific ability tasks related to overall achievement.

Assisting other students and acting as mentor/role model

Participation in the School Talented and Gifted programme.

**Assessment:**

Students will complete 120 Guided learning hours over the 3 year course. This will consist of 4 units, 2 compulsory and 2 optional.

**Unit 1 – Fitness for Sport and Exercise** – external 1 hour on-line exam

**Unit 2 – Practical sport** (rules, regulations, tactics, practical technique) assignments x 3

**Unit 4 – Body in Action** (how the body works and responds to exercise) assignments x 3

**Unit 6 – Sports Leadership**, assignments x 3

