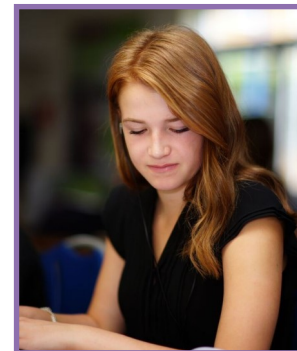


# Guilsborough Academy Sixth Form

## KS5 CURRICULUM

**Course Title:** BTEC Extended Certificate Level 3 in Sport

**Examination Board:** Edexcel



**Entry Requirements:** 5 Grade C GCSEs

**Assessment:** 360 Guided learning hours – 60 credits (equivalent to 1 GCE A-Level)  
4 Units – 3 Mandatory and 1 optional

The course is assessed continually by a series of assignments and external assessment methods. Each assignment will be graded using specific criteria and awarded a pass, merit, distinction or distinction\* level. Once all units are assessed these contribute to the overall grade for the qualification awarded.

Two of the units are externally assessed by either a written exam or by a synoptic assessment whereby students will be given a case study, have to carry out research and then have a written assignment under exam conditions, both of these are marked and graded externally by the exam board.

External Test: Anatomy and Physiology – 90 minutes, 90 marks – short and long answer questions (1 re-sit available, 2 windows to sit exam during each year of the course)

Synoptic assessment: Fitness training and programming – case study given two weeks prior to sitting a two hour written research write up based on evidence and research carried out.

### Is This Course Right For Me?

A BTEC Level 3 in Sport is a practical, work-related vocational course. You learn by completing projects and assignments that are based on realistic workplace situations, activities and demands. You can focus on a particular subject area and develop a range of specialist skills and knowledge related to this chosen topic.

This qualification is equivalent to one A-level. When you have finished the course you can use it to go on and study further education – college or university or to assist you in gaining employment within the sports/leisure industry e.g. Coach/teacher, gym instructor.

### **Unit Contents:**

#### **Compulsory units include:**

Anatomy and Physiology for Sport and Exercise (90 minute external test)

Fitness training and programming for Health, Sport and Well-being (2 hour write up under exam conditions)

Professional development in the Sports Industry (internal assignment based work)

#### **Optional units include** (1 from these – internal assignment based work)

Fitness testing and training

Sports Psychology

Leadership in Sport

Practical – Team/Individual Sport

### **Progression:**

- Sport related Degrees (a wide range available)
- Employment in the leisure/sports industry
- Teaching or Coaching
- Further educational qualifications

Having a Level 3 qualification allows you to continue in further education, whether at degree level or by gaining a higher award in a vocational course such as this one.

Example of university courses and grades required

- **Birmingham University** – Sport, PE and Coaching Science BSc (Hons) – AAA or AAB.
- **Brighton University** – Sport Business Management BSc (Hons) – BBB.
- **Leeds University** – Sports Science and Physiology BSc (Hons) – AAA/AAB
- **University of Southampton** – Physiotherapy BSc (Hons) - AAA or DDD at Btec L3 with Science A Level.
- **Sheffield Hallam University** – Physiotherapy BSc (Hons) – 320 points inc. A2 PE or DDM at Btec L3.
- **University of Bedfordshire** – Sport and Physical Education BA (Hons) – 280 points inc. 2 passes at GCSE or Btec L3.
- **University of Staffordshire** – Sports Studies BA (Hons) – 280 points from A level or Btec L3 DMM.

BTEC equivalent A Level points/grades = Pass (E/40) Merit (C/80) Distinction (A/120) Distinction\* (A\*/140)

(Subject to confirmation for BTEC Nationals points allocation)

Further Information Contact:

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