



Guilborough Academy NEWSLETTER

Date: December 2021

Issue No. 852

Dear Parents/Carers

In my letter for the December 2020 newsletter, I started by looking forward to a brighter 2021. Given the significant challenges we have all faced this calendar year, I find myself experiencing a Deja vu. However, we must focus on the many positives of the last twelve months, not least the excellent outcomes for our Year 11 and 13 students in the summer.

The challenges facing our children are much more significant than those which we (their parents and carers) had to deal with, and yet they have adapted to those challenges. In our many visits to lessons, the senior team have been impressed by the students' focus and willingness to participate. In preparing for a more normal examination period in 2022, our Year 11 students have completed their first set of PPEs (Pre-Public Exams, or mocks) and Year 13 will be taking theirs in January. In addition, all other year groups have also completed their first formal assessments in class.

This term has seen the return of educational visits, with students learning about Geographical features at Hunstanton and the English team taking a number of students to see 'A Christmas Carol'. These opportunities are an intrinsic part of our provision with students gaining from the experiences. As well as the many visits which usually take place, we are currently looking at further opportunities to take our students to the theatre during 2022. We are also looking forward to our production of 'We Will Rock You', which will take place in February.

Unfortunately, I have to mention a couple of matters related to COVID. This week, we will be giving testing kits to all our students. We ask that all students continue to test twice weekly during the holidays and that those who are close contacts of a person testing positive test daily for 7 days. When we return in January, we will do so in a staggered manner to allow us to conduct the compulsory in-school testing. The information about this has already been shared and is on our new website.

As we approach Christmas, a Christian festival celebrated by billions around the world and culturally by many others, we turn our thoughts to family, and the opportunities of being closer to those we love. I know that travel restrictions will continue to make some of this difficult but, on behalf of all the staff at Guilborough Academy, I wish you and your extended family a safe, peaceful, and happy Christmas together.

Mr S Frazer
Principal



6th Form Open Evening

Our 6th Form Open Evening took place on 4th November. It was a very successful evening with some really positive feedback.

“Just wanted to say thank you so much for explaining about the EPQ and for signposting us to the uni people in the library last night. Bea got so much information and reassurance it was brilliant. Thank you.”

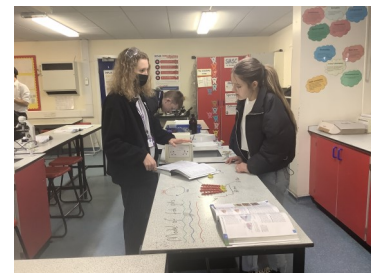


“I just wanted to email and say how impressed we were with last night’s open evening. All of the sixth formers were an absolute credit to the school (special mention to Ed Elmes who was really great as our tour guide). You could really sense the pride they all have in their school and they provided insightful, yet honest, information about the subjects they study. All the teachers were really friendly and passionate about their subjects and the school is just transformed in terms of how it looks. Thanks for putting on such a successful evening.”



“Lara and I managed to attend the open evening last night and I need to email regarding the Year 13 who showed us around the departments and facilities - Adam Lawless.

What an absolutely amazing ambassador for your school. He was so eloquent, passionate and personable and made the experience one that we just were not expecting. We stayed far longer than we should have and Adam was so thorough in his tour ensuring we saw the EPQ offering, the study areas, café, committees and club boards and very importantly the University visitors which inspired and motivated Lara in her potential choices and careers. I have not seen this at any other school we have visited. It was a pleasure to visit your school and witness your 6th form first hand.”



“Just wanted to say thank you for a great evening last night, it was well organized, the staff and students were enthusiastic and knowledgeable about their subjects (as they should be, but they really were!) We loved having the work shared with us in Media and BTEC Science. Having Post 18 Providers there too was an added bonus. It really helped to get information on that next step as it



might help inform this choice. Please thank everyone involved, most especially the students who really didn’t have to be there, but whose passion shone through and showed how fabulous the 6th form provision at Guilsborough really is.”

“The informal discussions with the staff were very helpful, as were meeting the students who were already doing the subjects (we thought they were exceptional in cases)”

“Much preferred this way of presenting what sixth-form has to offer and it felt a lot more relaxed and gained a lot more information without having to wait around as long. We came away feeling a lot more informed and felt it was a far better experience overall.”

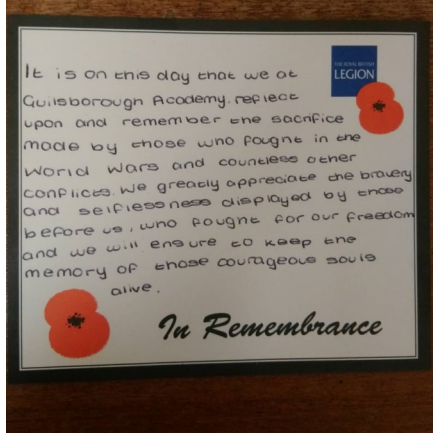


“Loved the new improvements and the interaction of the staff and students. Very impressed with the way the students interacted with us parents, a shining example to Guilsborough, as it was very obviously not an easy task for anyone, if you could pass on how proud they should be of themselves. Staff were fantastic.”



Remembrance Day 2021—Lest we Forget

Head students Emily and Kara represented our student body at Guilsborough Remembrance service. They wrote a message on behalf of the students and laid the wreath at the memorial



Poppy Appeal

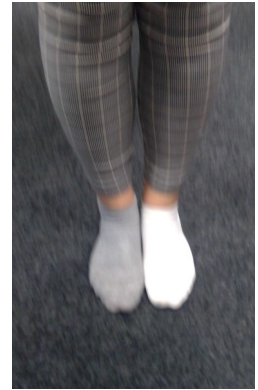
Thank you for helping us raise £130.96 for the Royal British Legion



Jack took part in the remembrance parade in Bedworth as part of the Nuneaton squadron of the air cadets. The Squadron joined with army cadets, sea cadets, army to march and follow the band to the memorial. The Countess of Wessex also attended this event.



Nye playing last post at East Haddon



On **MONDAY 15TH NOVEMBER** PUPILS FROM Guilsborough Academy celebrated ODD SOCKS DAY!

WHAT IS ODD SOCKS DAY?

Odd Socks Day is part of Anti-Bullying Week! To celebrate that we are all unique, we asked pupils to wear odd socks to school on the Monday.

WHY IS ODD SOCKS DAY IMPORTANT?

The day sends an important message that we should all be allowed to be ourselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way.



Miss Vickers
Head of Year 10
PE Teacher





Children in Need



Friday 19th November saw lots of events round the school to raise money for Children in Need. Thank you to all those who took part and helped us raise a fanatic total of **£1,119.67**

The Sixth-Form raised an additional **£180** through a Krispy Kreme sale, Guess the Name of the Pig (Pamela!), a Mario Kart Wii tournament and games of bench ball.



Rocking Around the Christmas Tree

Christmas Tree Donation for Reception



Welford Christmas Tree Farm have once again kindly donated a Christmas tree for our Reception. The tree can be seen here in all it's splendour .

Thank You

www.welfordchristmastreefarm.co.uk

Tel: 01858 657008

Email: elves@welfordchristmastreefarm.co.uk



Christmas Tree Donation for the Sixth Form Centre


Fuschia Pinks
 The Old Gas House, 66 West Street
 Long Buckby, NN6 7QE
 Real Christmas Trees
 Handmade Door Wreaths
 Candle Arrangements
 Christmas Gifts
 Fresh Flowers and Bouquets
 **Call Jo on 07508 533581**
 Pop in and have a look!
 Local delivery available




Jo Grey at Fuschia Pinks has kindly donated a real Christmas tree for the third year in a row to the Sixth Form. The tree takes pride of place in the Sixth Form centre.

*Thank
You*

100 squats a day
in November



Student Medical Society Raises over £700 for Cancer Research UK

Guilsborough Academy Medical Society students Katie, Jemima, Erin, Lilli, Maddie, Maya, Poppy, Olivia and Hazel all completed the 100 squats a day challenge in November. Other medical society members supported Sophie-May's suggestion to also hold a bake sale. The society took over the gym at lunchtime on Tuesday 30th November to complete their squats together and hold the sale. The cake sale raised **£126**, and together with the squatting sponsorship, the total at time of writing is **£732.72** with more still to collect.

A massive well done to all our society members. What a great effort.

If you'd like to add to the total, please go to
fundraise.cancerresearchuk.org/page/gamedsoc



A Huge Thank You for your Kind Donations for our Hamper Appeal!

Thank you to all of our parents/carers, students and staff who helped us to support Daventry Food Bank this Christmas. We received a huge amount of food donations, which is a testament to the generosity of the Academy's community.

Equipped with a cardboard box, each tutor group went head-to-head, tasked with decorating their hamper with Christmas spirit using decorations, cards and best wishes.

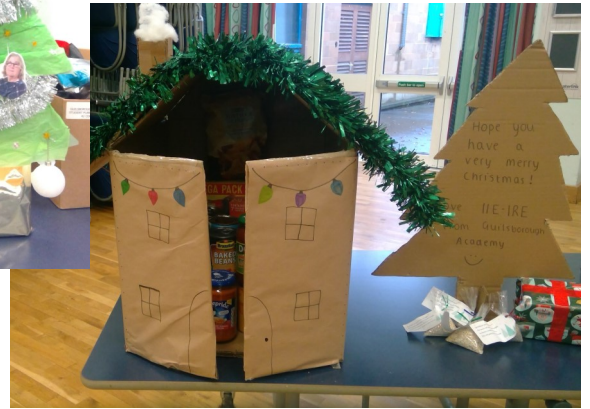
Daventry Food Bank were thrilled with our donations and will distribute the hampers to local families and individuals in readiness for Christmas.

And the winners were . . .

- | | |
|------------------|------------------|
| Year 7 – 7WBSW | Year 8—8WNLD |
| Year 9 – 9EBRL | Year 10 – 10SMAS |
| Year 11 – 11EIRE | |
| Year 12– 12APL | Year 13– 13MNS |



Christmas Hampers



Christmas Jumper Day



Many of our students wore their festive jumpers on Friday 10th December to raise money for Save the Children. Thank you to all those who took part and helped us raise a fantastic total of **£637.66**

KS3 Christmas Art Competition 2021

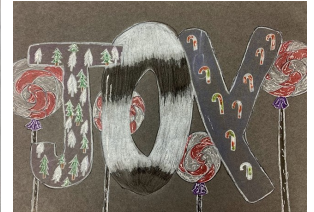
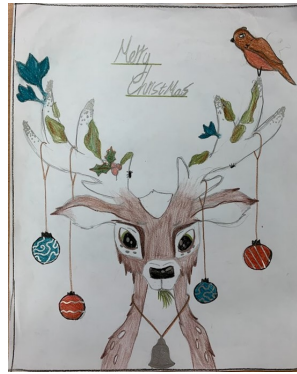


Year 7 Winners

- 1st Phoebe Nurse 7EGRT
- 2nd Amber Simons 7SDRE
- 3rd Martha Dumayne 7ECKL

Runners up

- Emily Kraftl 7ECKL
- Lily Copland 7ECKL
- Georgia Bown 7SDRE
- Imogen Brown 7SRSP
- Lucas Brabbins 7SDRE
- Olive Kinsella 7SDRE
- Cora Hamer 7SDRE
- Isla Richardson 7SDRE
- Rosie Gallimore 7RSNK



“The Joy of Christmas”

**Congratulations to all winners and runners up.
Winners can collect their prizes from Art in January.**

Year 9 Winners

- 1st Violet Pucell 9WBLD
- 2nd Ella Freestone 9RCMN
- 3rd Rosie Greenacre 9WSHP

Runners up

- Grace Smith 8ETAL
- Kaelyn Cowe 8WNLD
- Archie Mcharg 8ETMP
- Brooke Dibra 8ETMP
- Olivia Nicholls 8ETMP
- Cass Bradley 8RSTS
- Megan Murphy 8ETMP
- Dylan Francis 8ETMP
- Cecile Burditt 8RSVS
- Harry Preece 8WGSN
- Annie Given 8RSTS



Year 8 Winners

- 1st Ed Dawson-Bruce 8ETAL
- 2nd Georgina Burbery 8WNLD
- 3rd Niamh Luscombe-Wright 8ETAL

Runners up

- Maddie Feerick 9AKNG
- Lyall Lambert 9WSHP
- Olivia Jones 9RCMN
- Connie Robertson 9SDAW
- Lexi Taylor 9EKGX
- Sophia Lancaster 9D DAW
- Poppy Schofield 9WSHP
- Izzy Moore 9SDAW
- Lilia Bridges 9SDAW
- Josh Fletcher 9WSHP
- Megan Robinson 9RCMN
- Amelia Rose Montgomery 9EKGX
- Emilia Banner 9RCKE
- Katie Caldwell 9EBRL



Guilsborough Village Advent Calendar



The Year 7 students created some window displays for the Guilsborough village community window advent calendar. It was great to see their pictures in the window on display!



Have you seen our "Festive Fiesta"?
<https://youtu.be/VQWCVTLS-YU>
A huge thank you to all the staff involved in putting together this fantastic virtual performance and to our Students for the wonderful performances.

DESIGN TECHNOLOGY



Wow! What a great start we have had with our KS3 Design & Technology students.

Students have shown a great range of practical skills learned across Electronics, Food, 3D Design and Textiles.

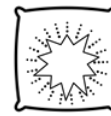
Here is a variety of outcomes made that we are proud to show off to everyone – big well done to you, we are excited to see more outcomes in our upcoming rotations.



Year 7 Nightlights



Year 7 Keyrings



Year 7 and 8 Pop Art Patchwork cushions



Year 8 Nightlights

Year 9 Textiles "Food as Art"



DESIGN TECHNOLOGY

DT STEM Club:

The DT STEM club have been meeting regularly to look at how DT can be used to help people survive a zombie apocalypse.

So far we have looked at making silent communication devices to safely talk to other survivors over short distances and are currently looking at ways to secure a location against possible attack.

After Christmas we will move onto testing materials and fabrics that could offer protection from a zombie bite and thinking about ways we can move silently.

There are spaces available, please come along to D5 Monday lunchtime or email Mr Tapley if you are interested.

Mr Tapley & Mr Dixon.

Role Playing & Table Top Gaming Club.

If you're interested in RPGs or gaming with models please come along to B5 after school on Thursdays until 4:45pm.

We run sessions on:

Warhammer 40K Kill Team WK 1

Dungeons and Dragons (5E) WK 2

Experienced and novice players are welcome across all year groups.

Other gaming or RPG systems are more than welcome.

You can also come along and paint your models or build scenery on either week.



PE Highlights

Year 10 Girls Football

On 3rd November the year 10 girls' football team played their first football fixture in almost 2 years, narrowly losing out 2-0 at Moulton. After a shaky first 10 minutes and going a goal down, the girls soon found their rhythm and began to pile pressure on the home keeper with some frighteningly quick counters through wing wizards- Phoebe and Shannon. Unfortunately, Moulton broke away and doubled their lead just before half time, in what was a very even and entertaining first half.



Guilborough came out all guns blazing second half and had 2 or 3 very good chances to get level, which unfortunately wouldn't find their way in. It was a highly competitive and end-to-end game in which the girls were rightly disappointed not to have come away with at least a draw.

Moulton, deservedly awarded Guilborough stopper Annie, for player of the match, for a string of fantastic saves to keep her team in the game

Free Girls Saints Rugby Session at Guilborough School

On November 3rd Northampton Saints Rugby Club delivered a session to promote girls' rugby and the International Red Roses fixture. A group comprising of year 7,8 and 9 girls were taught rugby skills and drills as well as a very competitive tag rugby game.

Northampton Saints will be delivering more sessions to girls in the New Year.

Current Interhouse Standings after Round 1

The round 1 competitions included badminton, football and netball matches for Years 7-9. Our Year 10's choose their own activities.

The next round of competitions took place in this last week of school, results will be in next terms newsletter.

A prize will be presented at the end of the academic year.



1 st	Everdon	1940
2 nd	Salcey	1525
3 rd	Rockingham	1375
3 rd	Whittlebury	1375

PE Extra Curricular Activities 2021-22

All are welcome to PE extra curricular clubs, these are not gender specific unless otherwise stated.

Day	Activity	Year	Staff	Venue
Monday	Netball	7-9	BYR/SVI	Courts
	Volleyball	7/8	DEA	Sports hall
Tuesday	Football Football	11 7 & 10	CPE JFF	Fields Fields
	Hockey	7/8	SVI	Courts
Wednesday	Running	All years	BYR	Fields
	Rugby	Year 9	COL	Fields
	Rugby (after school)	Year 7/8	WLG	Fields
	Basketball	Year 9/10	CSU	Sports hall
Thursday	Netball	KS 4	BYR	Sports hall
	Football	Year 9 7 and 10	FLG JFF	Fields
Friday	Football	Year 8 6 th form	CPE MIS	Fields

Sporting News . . .

Netball

In November the year 7,8,9 and 11 netball teams travelled to Sponne to compete in the district netball league and we were met by 4 very strong sides. Unfortunately, it was a very successful night for Sponne and not so much for the Guilsborough teams. There was some excellent netball displayed in the games by both teams.

Year 11 Netball

Guilsborough 15 V Pitsford 8

Player of the match Jemima Lambert

Miss S Boyer

Head of Physical Education



Cross Country

Congratulations to the runners who attended the district round of the cross country at Abington Park on the 9th December. Ten Guilsborough Academy runners have qualified for the county round in January 2022. All the runners were fantastic on a muddy course, but a particular mention goes to the following for their qualification and to the U17 boys, who not only all qualified for the county round but all finished in the top 10 for their age group.

Louis Starr – 1st

Olivia Willison – 2nd

Arthur Tilt – 2nd

Raffi Oliveti – 3rd

Benjamin Westmoreland-Alexander – 3rd

Jack Gospel – 4th

Lyall Lambert – 7th

Daniel Fergusson – 9th

Jamie Reynolds – 10th

Millie Westley – 15th

Miss S Boyer

Head of Physical Education

Online Safety: Information for Parents

The staff training day on the 6th December focused on safeguarding. During this time staff completed a course on online safety. As a follow up to this, the 31st January is Safer Internet Day. On this day students will be given additional advice in assembly time on how to stay safe online.

Two of the most popular APS at the moment being used by our students are TIKTOK and SNAPCHAT.

Information for parents to keep you informed as to how you can help to keep your child safe on line whilst using these APS is on the following two pages.

Mrs Lakey

Vice Principal

Designated Safeguarding Lead

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-synching and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around a billion users worldwide.

AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – and since TikTok Jump's introduction in mid-2021, users can view third-party content outside the app.



EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-synching and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and then be inclined to imitate any explicit language or suggestive actions.



TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become 'TikTok famous'. While most aspiring stars hoping to be 'the next big thing' will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.



ADDICTIVE NATURE

Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep users intrigued about what's coming next mean it's easy for a 5-minute visit to turn into a 45-minute stay.



IN-APP SPENDING

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. TikTok is also connected with Shopify, which allows users to buy products through the app.



Advice for Parents & Carers

TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.

MAINTAIN PRIVACY SETTINGS

The default setting for all under 16s' accounts to 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 18s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.

LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.

ENABLE FAMILY PAIRING

'Family Pairing' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok's Safety Centre also provides resources for parents and carers to support online safety among families. These resources can be found on their website.

USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.

MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.

Meet Our Expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



SOURCES: TikTok.com

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What Parents & Carers Need to Know about

SNAPCHAT

AGE RESTRICTION
13+

Snapchat is a photo- and video-sharing app which also allows users to chat with friends via text or audio. Users can share images and videos with specific friends, or through a 'story' (documenting the previous 24 hours) visible to their entire friend list. Snapchat usage rose during the pandemic, with many young people utilising it to connect with their peers. The app continues to develop features to engage an even larger audience and emulate current trends, rivalling platforms such as TikTok and Instagram.

CONNECTING WITH STRANGERS

Even if your child only connects on the app with people they know, they may still receive friend requests from strangers. Snapchat's links with apps such as Wink and Hoop have increased this possibility. Accepting a request means that children are then disclosing personal information through the Story, SnapMap and Spotlight features. This could allow predators to gain their trust for sinister purposes.

EXCESSIVE USE

There are many features that are attractive to users and keep them excited about the app. Snap streaks encourage users to send snaps daily, Spotlight Challenges give users the chance to obtain money and online fame, and the Spotlight feature's scroll of videos makes it easy for children to spend hours watching content.

INAPPROPRIATE CONTENT

Some videos and posts on Snapchat are not suitable for children. The hashtags used to group content are determined by the poster, so an innocent search term could still yield age-inappropriate results. The app's Discover function lets users swipe through snippets of news stories and trending articles that often include adult content. There is currently no way to turn off this feature.

SEXTING

Sexting continues to be a risk associated with Snapchat. The app's 'disappearing messages' feature makes it easy for young people (teens in particular) to share explicit images on impulse. While these pictures do disappear – and the sender is notified if it has been screenshot first – users have found alternative methods to save images, such as taking pictures with a separate device.

DAMAGE TO CONFIDENCE

Snapchat's filters and lenses are a popular way for users to enhance their 'selfie game'. Although many are designed to entertain or amuse, the 'beautify' filters on photos can set unrealistic body image expectations and create feelings of inadequacy. Comparing themselves unfavourably against other Snapchat users could threaten a child's confidence or sense of self-worth.

VISIBLE LOCATION

My Places lets users check in and search for popular spots nearby – such as restaurants, parks or shopping centres – and recommend them to their friends. The potential issue with a young person consistently checking into locations on Snapchat is that it allows other users in their friends list (even people they have only ever met online) to see where they currently are and where they regularly go.

Advice for Parents & Carers

TURN OFF QUICK ADD

The Quick Add function helps people find each other on the app. This function works based on mutual friends or whether someone's number is in your child's contacts list. Explain to your child that this feature could potentially make their profile visible to strangers. We recommend that your child turns off Quick Add, which can be done in the settings (accessed via the cog icon).

CHAT ABOUT CONTENT

Talk to your child about what is and isn't wise to share on Snapchat (e.g. don't post explicit images or videos, or display identifiable details like their school uniform). Remind them that once something is online, the creator loses control over where it might end up – and who with. Additionally, Snapchat's 'Spotlight' feature has a #challenge like TikTok's: it's vital that your child understands the potentially harmful consequences of taking part in these challenges.

CHOOSE GOOD CONNECTIONS

Snapchat has recently announced that it is rolling out a new safety feature: users will receive notifications reminding them of the importance of maintaining connections with people they actually know well, as opposed to strangers. This 'Friend Check Up' encourages users to delete connections with users they rarely communicate with, to maintain their online safety and privacy.

KEEP ACCOUNTS PRIVATE

Profiles are private by default, but children may make them public to gain more followers. Your child can send Snaps directly to friends, but Stories are visible to everyone they have added, unless they change the settings. If they use SnapMaps, their location is visible unless 'Ghost Mode' is enabled (again via settings). It's prudent to emphasise the importance of not adding people they don't know in real life. This is particularly important with the addition of My Places, which allows other Snapchatters to see the places your child regularly visits and checks in: strangers, bullies and groomers could use this information to engage in conversation and arrange to meet in person.

TALK ABOUT SEXTING

It may feel like an awkward conversation (and one that young people can be reluctant to have) but it is important to talk openly and non-judgementally about sexting. Discuss the legal implications of sending, receiving or sharing explicit images, as well as the possible emotional impact. Emphasise that your child should never feel pressured into sexting – and that if they receive unwanted explicit images, they should tell a trusted adult straight away.

BE READY TO BLOCK AND REPORT

If a stranger does connect with your child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending explicit images to them, your child can select the three dots on that person's profile and choose report or block. There are options to state why they are reporting that user (annoying or malicious messages, spam, or masquerading as someone else, for example).

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS National Online Safety
#WakeUpWednesday

Source: Statista (Mind Social media and young people mental health) | UCL (Use – Children's Commissioners Report) | <https://support.snapchat.com/en-US/help?search=why-snapchat-privacy-review> | <http://www.independent.co.uk> | <https://marketplace.com/articles/snapchat-privacy-map> | <https://www.bbc.com/news/health-56144444> | <https://www.nationalonlinesafety.com> (2021) | Young People and Sexting – Attitudes and Behaviour Research Findings from the United Kingdom, New Zealand and Australia

Music Department

The Magic Flute

Two of our Year 11 students, Sophia Hartley and Lydia Game, have been incredibly fortunate to have been invited to rehearse and perform in an NMPAT project with Arcadian Opera in a performance of Mozart's 'The Magic Flute'.



The girls were incredibly inspired by their experience of the project and worked exceedingly hard in the weeks running up to the final performance.

The video of the project can be found here: <https://www.youtube.com/watch?v=ogcxFs4kMCI>



Music To Our Ears....

It has been wonderful to hear music finally return to our music department. Our extra-curricular programme is back in full swing since the start of September and whilst it is wonderful, the music staff suddenly remember how exhausting it is to be running clubs and rehearsals most lunchtimes! The Guilsborough Wind Band and String Group have been practising carols and Christmas music since half term on a Monday and Tuesday lunchtime. Wednesday sees 'We Will Rock You' soloist rehearsals and band practice for our newly emerging rock bands. Thursday, the department is rocking out to the sound of the ever growing 'Rock Academy' with Mr Draper and on Friday, we have more bands rehearsing.

In the evenings, Tuesday and Thursday's are dedicated to our 'We Will Rock You' rehearsals.

The practice rooms remain very popular with every room booked during break and lunchtime and students waiting for me at the door before registration in the morning so that they can get first dibs!

Mrs Holmes
Head of Music



Congratulations to:

Classical Guitar – Matthew Allcott Year 8 – Grade 1 Distinction

Piano – Jenny-Li Bailey Year 12 – Grade 6 Merit

Lovely comments & particularly strong in her pieces and aural tests

Piano – Lydia Stamp Year 12 – Grade 3 Merit

NMPAT Autumn Festival of Music

Several of our Guilsborough students rehearse and perform with NMPAT Junior, Training, and Youth ensembles, and November saw the first opportunity of the academic year and indeed the first opportunity since March 2020 to hear all County Groups live as they showcased their first term's work.

The Festival of Music took place over two weekends with performances at both Spinney Hill Hall and at the Derngate Theatre in Northampton.

The standard of musical performances was outstanding from all ensembles and Mrs Holmes was fortunate enough to be at several of the performances.



Congratulations to the following students for their involvement.

Thomas Speed-Andrews

William Speed-Andrews

Oscar Tyrrell

Emily Richardson

Holly Godley

Bella Godley

Ben Bailey

Maddie Spittles

Lydia Game

Sophia Hartley

Daisy Forster

Katie Caldwell

Neirin Marshall-Cross

Aaron Green

Mary Herbert

Grace Allcott

Emily Rose

Hayden Quantrell

Edun Rowe

Transport to School & Uniform

Polite Request—Parking

We have limited visitor parking, the road outside the Academy becomes very congested at the start and finish of our school day. Please could parents/careers be mindful of our neighbours and not block drives and access paths when dropping or collecting students. Students are able to access site from 8.00am. To limit the impact on our local community parents/careers who bring their students to the Academy are encouraged to drop off, and pick up, before the busiest times in the morning, and after the busiest times in the afternoon. The traffic is much reduced if dropping off before 8.30am and picking up after 3.30pm.



Ties

Ties are an important part of our school uniform. If a student has forgotten theirs, spares are available from A1. The loaned tie **MUST** be returned the following day before registration. If the tie is not returned parents/carers will need to cover the cost of a replacement.



Bus Pass Update

- Students must have their bus pass with them at **ALL** times and show the driver on boarding the bus.
- If your child has lost or forgotten their bus pass, they must obtain a temporary pass.
- Temporary Bus Passes can be obtained only during **BREAK** and **LUNCH** from student reception (9am – 3pm).
- Passes cannot be obtained at the end of the day from main reception as there is insufficient time to issue the pass without the possibility that they may miss the bus.
- Permanent bus pass replacements are obtained through the council websites at a cost of £25.
- Students are issued a pass for a specific route. This is to ensure student safety by loading the vehicles to agreed levels. In the event of a breakdown/accident we need to be sure which students are on the vehicle.

Transport Team Contact details:

- SchoolTransport.NCC@westnorthants.gov.uk
- 01604 364388
- www.westnorthants.gov.uk



Lost Property



All lost property is returned to students once found provided it is named. Please ensure **ALL** school items from uniform, water bottles, PE kits to pencil cases have a name in. If it is named we can return it.

We have a large amount of unnamed lost property, including: Winter coats, Blazers, PE kit, shoes, jumpers and pencil cases.

If you have lost an item since September please ask your child to come to Student Reception to check the items we have.



Guilborough Alumni

Guilborough Alumni Flt. Lt. Patrick Kershaw is flying high with the Red Arrows.

Before the pandemic hit us Patrick came back to Guilborough to talk to the 6th Form. It was great to see another of my ex-students and I remember Patrick very well from his time at Guilborough from 1997 until 2003. He was able to tell the 6th Form about life at Guilborough as a student and about his career pathway leading to him becoming a successful fighter pilot with the RAF. He had lots of tales to tell about life in the air and our students had more questions than he had time to answer. I published an article at the time in the Academy newsletter.



I recently got in touch with Patrick, who is now 36 and based at RAF Scampton in Lincolnshire, and he still can't believe that he has recently passed a tough recruitment and assessment course to join the RAF's aerobatic team the Red Arrows.

Patrick has been nominated to be Red 3 for 2022. Patrick narrowly failed to be selected for the world-famous aerobatics team in 2019 before giving it another shot in April this year.



The selection process was very demanding and he flew his Hawk T1 which he has used on operational missions over Afghanistan, Iraq, Syria and Libya. He also had to pass tough interviews and other assessments. Patrick has also been carrying out intensive training with the Red Arrows at RAF Valley in Anglesey and RAF Leeming in North Yorkshire.

He studied for a degree in business administration at Leicester De Montfort University after leaving Guilborough Academy and also joined the East Midlands Universities' Air Squadron before going on to join the RAF 15 years ago.

Congratulations go to Patrick from all at Guilborough.

Mr R Bird (Head of Art / Alumni Co-ordinator)

All photos : MoDCrown Copy right 2021



GUILSBOROUGH ALUMNI

GUILSBOROUGH ALUMNI CONTINUES HER SUCCESSFUL WRITING CAREER

Writer and Guilsborough Alumna, Tamsin Winter, continues her successful career with the publication of her latest book for children/teenagers, 'Girl (in real life)'. Tamsin was first featured here when she published her second book which was nominated for the 2020 Carnegie Medal for her book 'Jemima Small versus the Universe'.

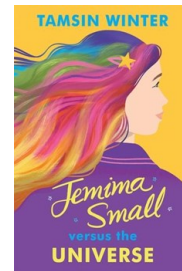
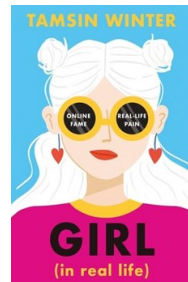
Tamsin writes, "Ever since I was a little girl, I've always loved writing stories and poems. One of my earliest memories is sitting at my grandfather's old typewriter (yes, typewriter! Google it) bashing the keys with my clumsy fingers, trying (and failing) to write without making any mistakes. Computers make writing stories a lot easier, believe me".



Tamsin went on from Guilsborough to university to successfully study English Literature. The Guardian newspaper wrote "Tamsin Winter is fast becoming a favourite for younger teens, chronicling those first years at secondary school with warmth and honesty".

I have spoken to Tamsin and we hope that will be able to visit us at Guilsborough to talk to the 6th Form students about her life at Guilsborough, her studies and her subsequent career.

Mr R Bird (Head of Art / Alumni Co-ordinator)





SIGN LANGUAGE FOR BEGINNERS

A 6 week course for young people
age 11-18 years

At Spencer Dallington
Community Centre, Tintern
Avenue, Northampton. NN5 7BZ


Has your young person been inspired by seeing Rose Ayling-Ellis on Strictly?
Treat them to a 6 week course in basic sign language, an ideal christmas present!

Monday evenings 5.00-6.00pm
17th Jan - 28th Feb
Term time
£40

Contact:
Jennie.Higson@deafconnect.org.uk




Dates for your Diary:



DECEMBER	
Fri 17th	- School Closes
JANUARY	
Tue 4th	- School Opens
Thu 13th	- Parent Forum
Thu 27th	- Year 13 Parents' Evening
FEBRUARY	
Wed 2nd—Fri 4th—	School Production
Thu 10th Feb	- Year 7 Parents Evening
Fri 11th	- School Closes

Think School Meals are expensive... think again!

With our fantastic “Meal Deals” you have a wide range of options to choose from, all for only £2.40!

Choose 1 of the following:

- Meal of the Day (Different Options each day, including sticks & wedges etc)
- Pasta Pot with Cheese
- Panini
- Sandwich
- Grab & Go Option (Chicken Flatbread, Chicken Rice Pot, Noodle Pot)

Add on 1 of these:

- Dessert of the Day
- Cookie
- Piece of Fresh Fruit
- Bottle of Still Water

All for £2.40!



On the Menu...

- ◇ Macaroni Cheese
- ◇ Curry & Rice Pots
- ◇ Hot Paninis
- ◇ Fish and Chips
- ◇ Sweet & Sour Vegetable Noodles
- ◇ Chicken Breast Burger & Seasoned Wedges



Vegan Options

Following recent useful feedback from a Parent, we are trying to widen the range of Vegan food available, and to make labelling of Vegan items more user friendly. We are pleased to announce that all Jelly pots are now vegan friendly too!

